

# GRATITUDE

## SWEET

- COLORFUL SEASONAL FRUIT SALAD** honey poppy seed dressing, mint *add whipped cream +2*.....10
- HOSPITABLE CHICKEN & WAFFLES** chicken-fried mushrooms, oat waffles, butter, maple syrup.....14
- PATIENT TURMERIC CHIA OVERNIGHT OATS** almond milk, cinnamon, dates, ginger, cardamom, orange zest.....8
- LUMINOUS FOREST BERRY CRÊPE** whipped cream, strawberry raspberry sauce, maple syrup.....15
- POWERFUL SUPERFOOD GRANOLA** crispy quinoa cashew granola, mixed berries, coconut yogurt.....12
- OPEN-HEARTED BUCKWHEAT FLAX PANCAKES** whipped cream, berries, maple syrup, powered sugar.....13

### VIVID AÇAÍ SUPERFOOD BOWL 14

quinoa cashew granola, banana, coconut, forest berries, ginger syrup, and choice of 2 additions: incan berries, goji berries, almond butter, cacao nibs, coconut yogurt, hempseeds or raw honey

## SAVORY

- ▼ **CELEBRATING GRATITUDE BENEDICT** 16  
grilled asparagus, chickpea frittata, tempeh bacon, spinach, hollandaise, english muffin
- ▼ **PEACEFUL AVOCADO TOAST** 11  
radish, gomasio, apple cider vinaigrette, micro greens, pain de levain
- CONTENT CHICKPEA QUICHE** 12  
kalamata olives, tomato, spinach, red onion, feta, spicy aioli
- ▼ **TRUSTING BARBECUE TEMPEH SCRAMBLE** 15  
market vegetables, mushrooms, spinach, avocado, sourdough toast
- ▲ **NURTURED BREAKFAST WRAP** 13  
chickpea frittata, spicy aioli, pickled vegetables, mozzarella, side of smashed red potatoes
- ▼ **GRACEFUL TOMATO & SHIITAKE TARTINE** 15  
arugula, cashew mozzarella, basil pesto, parmesan, pain de levain

## COFFEE, ESPRESSO & TEA

- COURAGEOUS COFFEE**.....4    **AWAKE ESPRESSO**.....3    **LIGHT LATTÉ**.....5
- FOCUSED COLDBREW**.....5    **CAREFREE CAPPUCCINO**.....4    **MARVELOUS MOCHA**.....6
- SPLENDID ICED GREEN TEA**.....3.5    **COZY IMMUNE BOOSTING TEA** lemon, ginger, honey, cayenne.....6
- LOVE ICED HIBISCUS TEA**.....3.5    **CALM TEA** jasmine green, earl grey, rooibos, lemon chamomile.....4

ORGANIC &amp; PLANT-BASED

PLEASE NOTIFY YOUR SERVER OF ANY FOOD AND/OR NUT ALLERGIES

GRATITUDE OFFERS ORGANIC, PLANT-BASED CUISINE AND YET WE CANNOT GUARANTEE THAT GUESTS WITH FOOD OR BEVERAGE ALLERGIES MAY NOT BE EXPOSED THROUGH CROSS CONTAMINATION. IF YOU HAVE A FOOD OR BEVERAGE ALLERGY (PARTICULARLY TO NUTS OR SEEDS) WE THEREFORE RECOMMEND THAT YOU NOT DINE WITH US. AS SUCH, PLEASE UNDERSTAND THAT GRATITUDE CANNOT BE RESPONSIBLE FOR ANY INJURY, LOSS OR DAMAGE CLAIMED BY ANY GUEST WITH A FOOD OR BEVERAGE ALLERGY WHO CONSUMES OUR FOOD OR BEVERAGES, REGARDLESS OF THE CIRCUMSTANCES. **SCAN FOR ALLERGY MENU AND A FULL LIST OF OUR INGREDIENTS**



## PRESSED JUICE & SPRITZERS

<b>CLEAN</b> lemon, turmeric, ginger, cayenne, maple syrup, H2O.....	10	<b>COMPASSIONATE ORANGE JUICE</b> .....	8
<b>SUCCULENT</b> spinach, cucumber, celery, pineapple, ginger, lime.....	10	<b>WILD LAVENDER LEMONADE</b> .....	7
<b>NOBLE</b> carrot, beet, orange, turmeric, lime.....	10	<b>GUTSY LOCAL KOMBUCHA</b> .....	6
<b>WONDERFUL</b> watermelon, hibiscus, lime.....	10	<b>REFRESHED LEMONADE</b> .....	6
<b>HEALING</b> spinach, cucumber, celery, kale, lemon, mint.....	10	<b>EFFERVESCENT GINGER ALE</b> .....	6

## WELLNESS SHOTS

<b>STIMULATED GUT HEALTH</b> fermented kim chee juice, lemon, ginger.....	5.5
<b>BALANCED HAIR, SKIN &amp; NAIL HEALTH</b> coconut kefir, bioavailable B12.....	5.5
<b>BRAVE IMMUNE HEALTH</b> lemon, turmeric, ginger, cayenne, essential oil of oregano.....	5.5
<b>WELLNESS FLIGHT STIMULATED, BRAVE &amp; BALANCED</b> .....	15

**CULTIVATING PROGURT PROBIOTIC** with coconut water and blue spirulina.....20  
 THE WORLD'S MOST POWERFUL PROBIOTIC, CONTAINING 1 TRILLION CFU OF HUMAN PROBIOTIC ISOLATES THAT RESTORE YOUR MICROBIOME, AID DIGESTIVE HEALTH & RE-BALANCE GUT FLORA

## SUPERFOOD SMOOTHIES

ADD MATCHA +2    ADD BLUE SPIRULINA +2    ADD MACA +2    ADD CACAO +1    ADD ESPRESSO +3

<b>STELLAR BLUE SPIRULINA SMOOTHIE</b> ashwaganda, pine pollen, reishi, coconut, almond butter.....	11
<b>ILLUMINATED VITAMIN C SMOOTHIE</b> orange juice, goji berries, pineapple, coconut, banana, citrus oil.....	11
<b>GRACE COCONUT CREAM SMOOTHIE</b> coconut, almond butter, dates, vanilla, cinnamon.....	11
<b>DECADENT ALMOND BUTTER CUP MILKSHAKE</b> coconut cashew ice cream, cacao nibs, almond butter.....	11
<b>EPIC 25G GREEN PROTEIN SHAKE</b> spinach, banana, almond butter, protein powder, hempseeds, maca.....	11
<b>COOL MINT CHOCOLATE CHIP SHAKE</b> cashew coconut ice cream, almond milk, chlorophyll.....	11

## HERBAL TONICS

AVAILABLE ICED OR HOT    ADD MACA +2    ADD CACAO +1    ADD ESPRESSO +3

<b>CHARMED CHAI LATTÉ</b> indian black tea, cinnamon, ginger, clove, housemade sprouted almond milk.....	6
<b>GOLDEN TURMERIC LATTÉ</b> black pepper essential oil, raw honey, housemade sprouted almond milk.....	6.5
<b>RESTORED ADRENAL LATTÉ</b> ashwaganda, reishi, cordyceps, raw honey, housemade sprouted almond milk.....	6.5
<b>VIBRANT MATCHA LATTÉ</b> ceremonial grade matcha, raw honey, housemade sprouted almond milk.....	6.5